

# High Conflict Divorce: A Model for Child-Centered Reunification Therapy

Friday, April 23, 2021

9 am - 4 pm (EST) Online

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6 CE's Provided

Due to COVID-19 health concerns, this one-time online event has been approved by APT for 6 CONTACT CE HOURS



For anyone who has worked with High Conflict Divorcing families and has been frustrated in how to help. Child-Centered Reunification Therapy is designed to give children a voice in the reunification therapy process. Child-Centered Reunification therapy uses a unique two-therapist approach, equally representing the parents and child, and integrates parent education, co-parenting skills, mental health education filial play therapy, and experiential therapy. Throughout the conference participants will gain knowledge in the CCRT theoretical foundations, process, and techniques of Child-Centered Reunification Therapy.

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# Agenda

- I. Define reunification, appropriate clients and children**
- II. Define Child-centered reunification process and goals**
- III. Identify how to work with trauma in CCRT**
- IV. Outline and discuss the process of Filial Therapy**
- V. Outline process of closing the CCRT case with success**
- VI. Discuss clinical issues in CCRT and how to approach them**
- VII. Outline follow-up post-discharge**

## Learning Objectives

- 1.) Participants will identify an understanding of the child-centered reunification therapy process and situations where child-centered reunification therapy would be beneficial with an estranged caregiver.**
- 2.) Participants will apply skills in educating parents on topics related to the child's well-being, co-parenting, communication, and working within the best interests of the child.**
- 3.) Participants will discuss play therapy, filial therapy, and play themes, which will enlighten the audience in understanding the language of play and the child's voice.**
- 4.) Participants will apply child-centered reunification therapy to a case example and discuss clinical issues.**