## building blocks Family Counseling LOVE AND LOGIC ONLINE PARENTING CLASS

Class Facilitators: Rachel Huffman, AMFT & Building Blocks Family Counseling Staff

The interactive online parenting class utilizes the Parenting the Love and Logic Way Curriculum where parents will discover that their jobs can be really enjoyable and that they can teach personal responsibility and respect without losing their kids' love. **Class facilitators will guide participants through the Parenting the** Love and Logic Way videos and workbook.

Through this program parents will learn how to: Avoid un-winnable power-struggles and arguments

- Set enforceable limits
- Avoid enabling and begin empowering
- Help their kids learn from mistakes rather than repeat them
- **Raise kids who are family members rather than dictators**

Session Costs: \$120 Price includes 3 interactive online sessions and workbook Session Dates: Choose from two convenient time options Tuesdays from 7:00 pm-9:00pm Sundays from 2:00pm- 4:00pm May 8th May 4th May 15th May 11th May 18th May 22nd

**Contact us** at: info@buildingblocks.solutions | 912.349.8043