

# Love and Logic



building blocks  
Family Counseling

## Online PARENTING CLASS

The interactive online parenting class utilizes the *Parenting the Love and Logic Way Curriculum* where parents will discover that their jobs can be really enjoyable, and that they can teach personal responsibility and respect without losing their kids' love. Class facilitators will guide participants through the *Parenting the Love and Logic Way* videos and workbook.

Through this program parents will learn how to:

- Avoid un-winnable power-struggles and arguments
  - Set enforceable limits
  - Avoid enabling and begin empowering
  - Help their kids learn from mistakes rather than repeat them
  - Raise kids who are family members rather than dictators
- And much more!

### Class Facilitators:

Kathryn Klock-Powell, PhD, LMFT, RPT-S  
Ashley Moore, LMFT, Love & Logic Certified Facilitator  
Building Blocks Family Counseling Staff

**No need to worry about childcare or travel! This interactive online class allows parents to learn new parenting skills from the comfort and ease of their home! Discussion time is built in to each session. Choose from two convenient time options.**

### Session Dates:

Choose from two convenient time options:

Wednesdays

Sept 16<sup>th</sup>

Sept 23<sup>rd</sup>

Sept 30<sup>th</sup>

7-9pm

Sundays

Sept 13<sup>th</sup>

Sept 20<sup>th</sup>

Sept 27<sup>th</sup>

2-4pm

### Session Costs:

\$120.00

Price includes 3 interactive online sessions and workbook

Call 912-349-8043 or email  
[info@buildingblocks.solutions](mailto:info@buildingblocks.solutions)  
for more information

